



ST CHAD'S PATCHWAY CE VC PRIMARY SCHOOL

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Wednesday 25th June 2025

Re: RSHE lessons/meeting

Dear Parents/Carers,

I am writing to let you know that I will soon be teaching RSHE (Relationships, Sex and Health Education) in Year 3. I am planning to teach the majority of this on **Thursday 3rd and Friday 4th July.**

Through the teaching of the JIGSAW scheme of learning, alongside the school's RSHE Policy, and in line with the Government's new Relationship and Sex Education Curriculum, the **Year 3** coverage will focus on:

- Identifying differences between males and females that enable them to have babies,
- The life cycle of a human,
- How our bodies need to change, both on the inside and outside, so that we can make babies when we grow up,
- How babies grow in humans and animals
- How to feel safe and ask for help,
- Define meaning of public /private,
- Understanding family stereotypes with a focus on parenting and family roles.

It will be taught using age appropriate diagrams, animations and vocabulary and the pupils will have an opportunity to ask their own questions within gender groups where appropriate. Further information from Jigsaw is available at https://jigsawpshe.com/parent-and-carers . If you would like to read the school's RSE policy it can be found on the school website underneath the policies PATCHWAY C

We will be holding a parent meeting at 3.45 on Friday 27th June in the Year 3 classroom. This will be an opportunity to view some of the resources we will be using and ask any additional questions. You do have the right to withdraw your child from certain parts of the RSHE curriculum, however, it is compulsory for every child to attend the <u>relationships section</u>.

Can you please use Arbor to confirm your permission for your child to attend these sessions by **Wednesday 2**nd **July.**

Yours sincerely,

Miss Mason













