

## ST CHAD'S PATCHWAY CE VC PRIMARY SCHOOL

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Thursday 12<sup>th</sup> June 2025

### **Re: Year 1 RSE**

Dear Parents/Carers,

I am writing to let you know that we will soon be covering RSE (relationships and sex education) in Year One. I am planning to teach the majority of this across the weeks beginning Monday 23<sup>rd</sup> June and Monday 30<sup>th</sup> June.

In RSE this year we will discuss:

- Family & Friends
- Gender – male and female
- Love
- Marriage – RE, festivals & celebrations
- Parents – RE, festivals and celebrations– linked also to birthdays
- Lifecycles of animals and humans
- Growing and changing - links to Science – body changes from birth to now
- Naming body parts (including penis, vagina, testicles, tummy, feet, bottom, nipples, anus, nose, head, mouth, breasts, fingers, knees)
- Understanding that growing and changing is a natural process, not in my control and happens to everyone at different rates.

Please see the schools RSE Policy for more information:

<https://stchadsprimaryschool.co.uk/wp-content/uploads/2024/10/RSHE-policy.pdf>

If you would like to talk about the different topics being covered and the resources I will use, there is an opportunity to do this on **Thursday 19<sup>th</sup> June** after school, between 3.30pm and 4.00pm. I will be holding an open classroom session with a range of resources that I plan to use.



It is a statutory requirement for all children to participate in the relationship part of the RSE therefore all children will be part of these sessions. Please could you respond on Arbor if you consent to your child to be part of the (R)**SE** section by Friday 20<sup>th</sup> June, however if you are choosing to withdraw your child from this section please could you contact myself and discuss this first.

Kind regards,

Mrs Ellett

