

ST CHAD'S PATCHWAY CE VC PRIMARY SCHOOL

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18th May 2026

Re: RSHE lessons/meeting

Dear Parents/Carers,

I am writing to let you know that we will be teaching RSHE (Relationships, Sex and Health Education) in Year 3. I am planning to teach the majority of this on **Monday 29th June and Tuesday 30th June 2026**.

Through the teaching of the JIGSAW scheme of learning, alongside the school's RSHE Policy, the Year 3 coverage will focus on:

- Identifying differences between males and females that enable them to have babies
- The life cycle of a human
- How our bodies need to change, both on the inside and outside, so that we can make babies when we grow up
- How babies grow in humans and animals
- How to feel safe and ask for help
- Define meaning of public /private
- Understanding family stereotypes with a focus on parenting and family roles.

It will be taught using age appropriate diagrams, animations and vocabulary and the pupils will have an opportunity to ask their own questions. If you would like to read the school's RSHE policy it can be found on the school website underneath the policies tab <https://stchadsprimaryschool.co.uk/wp-content/uploads/2025/09/39.-RSHE-policy-September-2025.docx>

We will be holding a parent meeting at 3.45 on **Monday 22nd June 2026** in the Year 3 classroom. This will be an opportunity to view some of the resources we will be using and ask any additional questions. You do have the right to withdraw your child from certain parts of the RSHE curriculum, however, it is compulsory for every child to attend the relationships section.

Can you please use Arbor to confirm your permission for your child to attend these sessions by **Friday 26th June 2026**.

Kind regards,

Miss Powell

