

ST CHAD'S PATCHWAY CE VC PRIMARY SCHOOL

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Cranham Drive
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18th May 2026

Re: RSHE lessons/meeting

Dear Parents/Carers,

We are writing to let you know that we will be teaching RSHE (Relationships, Sex and Health Education) this term in Year 4. We are planning to teach this **Wednesday 1st and Thursday 2nd July**.

Through the teaching of the Jigsaw scheme of learning, alongside the school's RHSE policy, and in line with the Governments Relationship and Sex education curriculum, the **year 4** coverage will focus on:

- Understanding some personal characteristics come from birth parents
- How offspring grow and change into an adult
- Puberty
- Periods
- Labelling external parts of the male and female bodies

It will be taught using age-appropriate diagrams, animations and vocabulary and the pupils will have an opportunity to ask their own questions within gender groups where appropriate. Further information from Jigsaw is available at <https://jigsawpshe.com/parent-and-carers> . If you would like to read the school's RSE policy, it can be found on the school website underneath the policies tab <https://stchadsprimaryschool.co.uk/wp-content/uploads/2024/10/RSHE-policy.pdf>

We will be holding a parent meeting at **3.45 on Tuesday 23rd June** in the Year 4 classroom. This will be an opportunity to view some of the resources we will be using and ask any additional questions. You do have the right to withdraw your child from certain parts of the RSHE curriculum; however, it is compulsory for every child to attend the relationships section.

Can you please use Arbor to confirm your permission for your child to attend these sessions by **Friday 26th June**.

Yours sincerely,

Miss Mason



Healthy School

